

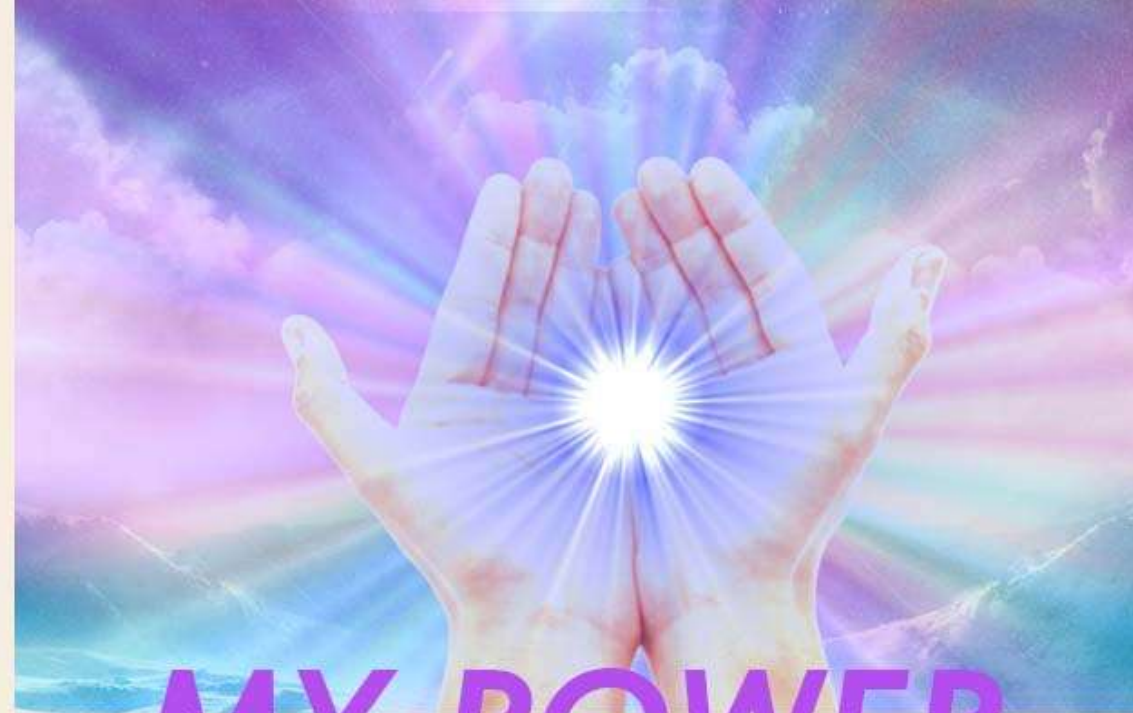


**RAISE
YOUR
VIBRATION**

60

HAPPINESS MANTRAS

1. I'm important.
2. I'm valuable.
3. I'm unique part of the universe.
4. I'm lovable.
I deserve to be loved.
5. I deserve the good things.



CREATIVITY



MY POWER

6. I create from my heart with joy
7. I'm enough. I don't compare.
my creations to others.
8. The journey is important
not the result.
9. I give myself enough free time
10. I believe everybody is
creative, just like me.



11. I have happiness and share it with my surroundings.
12. I deserve happiness.
13. I choose happiness.
14. I am happiness.
15. Happiness is my default.



HAPPINESS



LOVE



16. I am open to love.
17. I am love from love
18. I radiate love towards my surroundings.
19. I trust myself to pure love.
20. I accept and take love.

- 21. I deserve perfect health.
- 22. I'm fine.
Security and love surround me.
- 23. I'm full of energy.
- 24. Let life flow through me.
- 25. I'm in good health.
I let go of my past.



HEALTH



FEAR



- 26. I move lightly, safely
with the flow of life.
- 27. I love and accept myself.
- 28. I trust that I always get
the best I can.
- 29. I am safe in times of change.
- 30. I'm ready to let go of my fears.

- 31. I always get everything I wish.
- 32. In the Universe endless possibilities are available for me, too.
- 33. I let abundance into my life.
- 34. I value myself, I'm worthy.
- 35. I deserve abundance.



ABUNDANCE FORGIVENESS



- 36. I forgive myself because I know that I always did my best.
- 37. I'm ready to let go of my grievances.
- 38. I'm ready to let go of my past.
- 39. I feel the liberating power of forgiveness.
- 40. I am able to forgive.

- 41. I am complete,
I'm a wonder.
- 42. I love and accept myself.
- 43. I'm beautiful.
- 44. I am able to achieve my goals.
- 45. I'm able to renew myself.



RELATIONSHIPS SELF-CONFIDENCE



- 46. I sincerely welcome
others' success.
- 47. I recognize others.
- 48. I help others with a pure heart.
- 49. I recognize my unity
with others.
- 50. I connect to others with love.

- 51. I'm open to the Moment.
- 52. I let go of my past and my future.
- 53. I live every moment.
- 54. Everything I desire is
here and in the present.
- 55. I recognize the miracle of
the present moment.



GRATITUDE



HERE & NOW

- 56. My heart is full of gratitude.
- 57. I am grateful for every
moment of my life.
- 58. I welcome all that I receive
with gratitude.
- 59. I am grateful that I am who I am.
- 60. I am grateful for all
the teachings in my life.

A rustic, handmade card with the words "Thank you!" written in a black, cursive script. The card is made of a light brown, textured material, possibly cardboard or recycled paper, and is placed on a rough, weathered wooden surface. A black string is tied around the left side of the card. Three white daisies with bright yellow centers are scattered around the card: one is in sharp focus to the right of the card, while two others are in the background, slightly out of focus. The overall aesthetic is warm and natural.

Thank
you!