



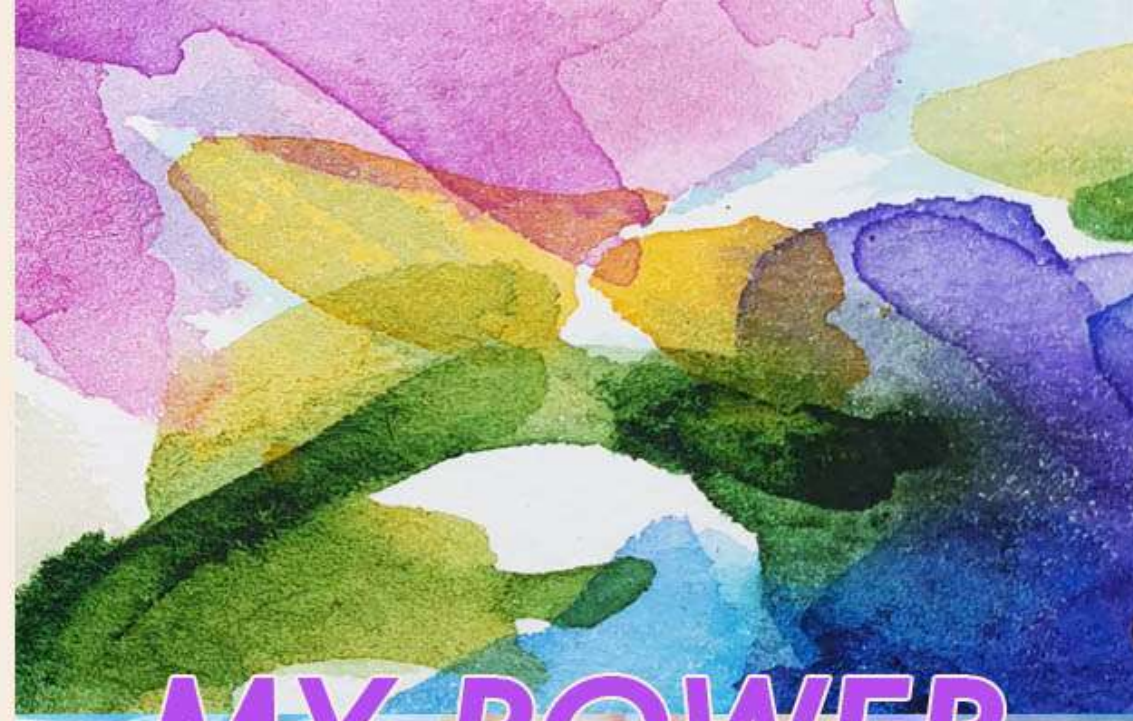
**RAISE
YOUR
VIBRATION**

60

HAPPINESS MANTRAS

with love - lldy

1. I'm important.
2. I'm valuable.
3. I'm unique part of the universe.
4. I'm lovable.
I deserve to be loved.
5. I deserve the good things.



CREATIVITY



MY POWER

6. I create from my heart with joy
7. I'm enough. I don't compare.
my creations to others.
8. The journey is important
not the result.
9. I give myself enough free time
10. I believe everybody is
creative, just like me.

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11. I have happiness and share it with my surroundings.
 12. I deserve happiness.
 13. I choose happiness.
 14. I am happiness.
 15. Happiness is my default.

LOVE



HAPPINESS

16. I am open to love.
17. I am love from love
18. I radiate love towards my surroundings.
19. I trust myself to pure love.
20. I accept and take love.

- 21. I deserve perfect health.
- 22. I'm fine.
Security and love surround me.
- 23. I'm full of energy.
- 24. Let life flow through me.
- 25. I'm in good health.
I let go of my past.



HEALTH



FEAR



- 26. I move lightly, safely
with the flow of life.
- 27. I love and accept myself.
- 28. I trust that I always get
the best I can.
- 29. I am safe in times of change.
- 30. I'm ready to let go of my fears.

- 31. I always get everything I wish.
- 32. In the Universe endless possibilities are available for me, too.
- 33. I let abundance into my life.
- 34. I value myself, I'm worthy.
- 35. I deserve abundance.



ABUNDANCE FORGIVENESS

- 36. I forgive myself because I know that I always did my best.
- 37. I'm ready to let go of my grievances.
- 38. I'm ready to let go of my past.
- 39. I feel the liberating power of forgiveness.
- 40. I am able to forgive.

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- 41. I am complete,
I'm a wonder.
 - 42. I love and accept myself.
 - 43. I'm beautiful.
 - 44. I am able to achieve my goals.
 - 45. I'm able to renew myself.



RELATIONSHIPS



SELF-CONFIDENCE

- 46. I sincerely welcome
others' success.
- 47. I recognize others.
- 48. I help others with a pure heart.
- 49. I recognize my unity
with others.
- 50. I connect to others with love.

- 51. I'm open to the Moment.
- 52. I let go of my past and my future.
- 53. I live every moment.
- 54. Everything I desire is
here and in the present.
- 55. I recognize the miracle of
the present moment.



GRATITUDE



HERE & NOW

- 56. My heart is full of gratitude.
- 57. I am grateful for every
moment of my life.
- 58. I welcome all that I receive
with gratitude.
- 59. I am grateful that I am who I am.
- 60. I am grateful for all
the teachings in my life.



THANK YOU
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